

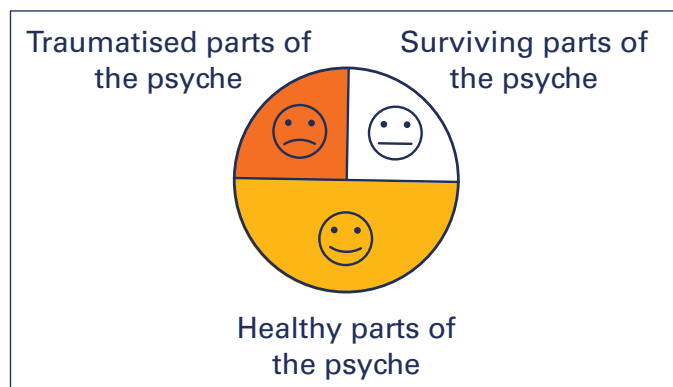
Congress program

All times CEST

Fourth Day: 25.10.2020

8.00 am	Registration
10.00 am	Welcoming to the 4th Day
10.15 - 11.45 am	Live-online interview Hans-Joachim Maaz and Franz Ruppert
12.00 -1.00 pm	Lunch break
1.00 - 3.00 pm	10 parallel workshops
WS 31	Education and trauma Birgit Assel
WS 32	I and my sexuality Ellen Kersten
WS 33	Three ways from surviving to living Linn Arnesen
WS 34	Who am I? What do I want? Elena Pfarr
WS 35	My body – my home? Catherine Xavier
WS 36	Loving or surviving in a couple relationship Margriet Wentink, Wim Wassink
WS 37	IoPT and profession Birgit Kretzschmar
WS 38	Who am i as a therapist Christine Wong

WS 39	IoPT and parenthood Helmut Glas
WS 40	IoPT with children Mette Mehus
3.00 pm	Break
4.00 pm	Discussion of the congress panel of speakers
5.30 pm	Saying goodbye in special meeting rooms



We will be happy to meet you at our first IoPT-live-online-congress worldwide!

Prof. Dr. Franz Ruppert,
Chairman of the Association

Congress with

- Inspiring lectures
- 40 workshops to show Identity oriented Psychotraumatheapy (IoPT) in practice
- Presentation of empirical research
- Discussions in the plenum
- Meetings in virtual exchange rooms

Organizer of the congress Association for Promoting Healthy Human Autonomy e.V.

Regular price: €390

Get your tickets now and have a look at our website www.healthy-autonomy.de
Maximum number of participants: 1.000

For booking questions

detlev.blechner@gesunde-autonomie.de

For organisational questions

Christine Wong christine@christinewong.sg
Dagmar Strauß: kontakt@praxis-ich-entwicklung.de

Book about the topic of the congress

Franz Ruppert (2019) "Who am I in a traumatised and traumatising Society?"
Steyping, UK, Green Balloon Publishing.

IoPT-live-online congress
17/18. and 24./ 25. Oktober 20

**What do I want?
To live or to survive?**

The real happiness to meet myself

Exiting our trauma biography with the Intention Method

special guests
Prof. Dr. Joachim Bauer
Prof. Dr. Gerald Hüther
Dr. Ludwig Janus
Dr. Hans-Joachim Maaz

Congress program

All times CEST

First Day: 17. October 2020

8.00 am	Registration
10.00 am	Opening of the congress
10.15 -11.45 am	To live or to survive Lecture and discussion with Prof. Dr. Franz Ruppert
12.00 -1.00 pm	Lunch break
1.00 - 3.00 pm	10 parallel workshops
WS 01	Functional object or living subject? Marta Thorsheim
WS 02	What do I want: To suffer or to live? Annemarie Denk
WS 03	IoPT and individual sessions Sophie Ruhlig
WS 04	Self-encounter with my Immune system Milagros Carmona
WS 05	Saying Yes to life or Yes to survival? Alexandra Smith
WS 06	My life as a mother now Bettina Kronegger
WS 07	Traumatized parents and babies Susanne Baldini
WS 08	Sexual violence as trauma surviving strategy Andrea Stoffers
WS 09	My Healthy Self: Intimate and vulnerable Maria Green

WS 10	I need to be perfect Lui Jia Huey
3.00 pm	Break
	Presentation of research
4.00 - 4.45 pm	Explorative study to IoPT Sigrid Stjernwård
4.45 - 5.30 pm	Study about IoPT and autoimmune diseases Maria Macarenco
5.30 pm	Gathering in special meeting rooms

Second Day: 18. October 2020

8.00 am	Registration
10.00 am	Welcoming to the 2nd Day
10.15-11.45 am	Live-online interview Gerald Hüther and Franz Ruppert
12.00 - 1.00 pm	Lunch break
1.00 - 3.00 pm	10 parallel workshops
WS 11	I have to or I am? Harald Banzhaf
WS 12	I don't yet understand myself Detlev Blechner
WS 13	IoPT and couples Marion Nebbe

WS 14	I and Corona Sissel Bru Reksten
WS 15	Yes to my life Diana Lucia Vasile
WS 16	Identity trauma and dementia Martina Wittmann
WS 17	Being a cuckoo child Gila Ring
WS 18	I forever guilty and ashamed? Christina Freund
WS 19	IoPT in midwifery Lily Anne Maier
WS 20	IoPT and inheritance Bernd LeMar
3.00 pm	Break
4.00 - 5.30 pm	Live-online interview Ludwig Janus und Franz Ruppert
5.30 pm	Gathering in special meeting rooms

Third Day: 24. October 2020

8.00 am	Registration
10.00 am	Welcoming to the 3rd Day
10.15 -11.45 am	Franz Ruppert is conducting IoPT-live-online workshop

12.00 - 1.00 pm	Lunch break
1.00 - 3.00 pm	10 parallel workshops
WS 21	Identity, intention and I Vivian Broughton
WS 22	Loving oneself Dagmar Strauss
WS 23	We don't listen, I don't care Raymond Foong
WS 24	Trauma and vaccinations Gabriele Hoppe
WS 25	My money and I Rebecca Szeto
WS 26	IoPT and my helper syndrome Ruth Kuczka
WS 27	I decide myself Thomas Röhl
WS 28	I or still We? Cristina Common
WS 29	IoPT and attempts of abortion Alexandra Leonova
WS 30	Body, psyche and trauma Margriet Senn und Ewald Dietrich
3.00 pm	Break
4.00 pm	Interview (recorded) Joachim Bauer and Franz Ruppert
5.30 pm	Gathering in special meeting rooms